

# ACCESS TO DERMATOLOGICAL CARE IN NIGERIA

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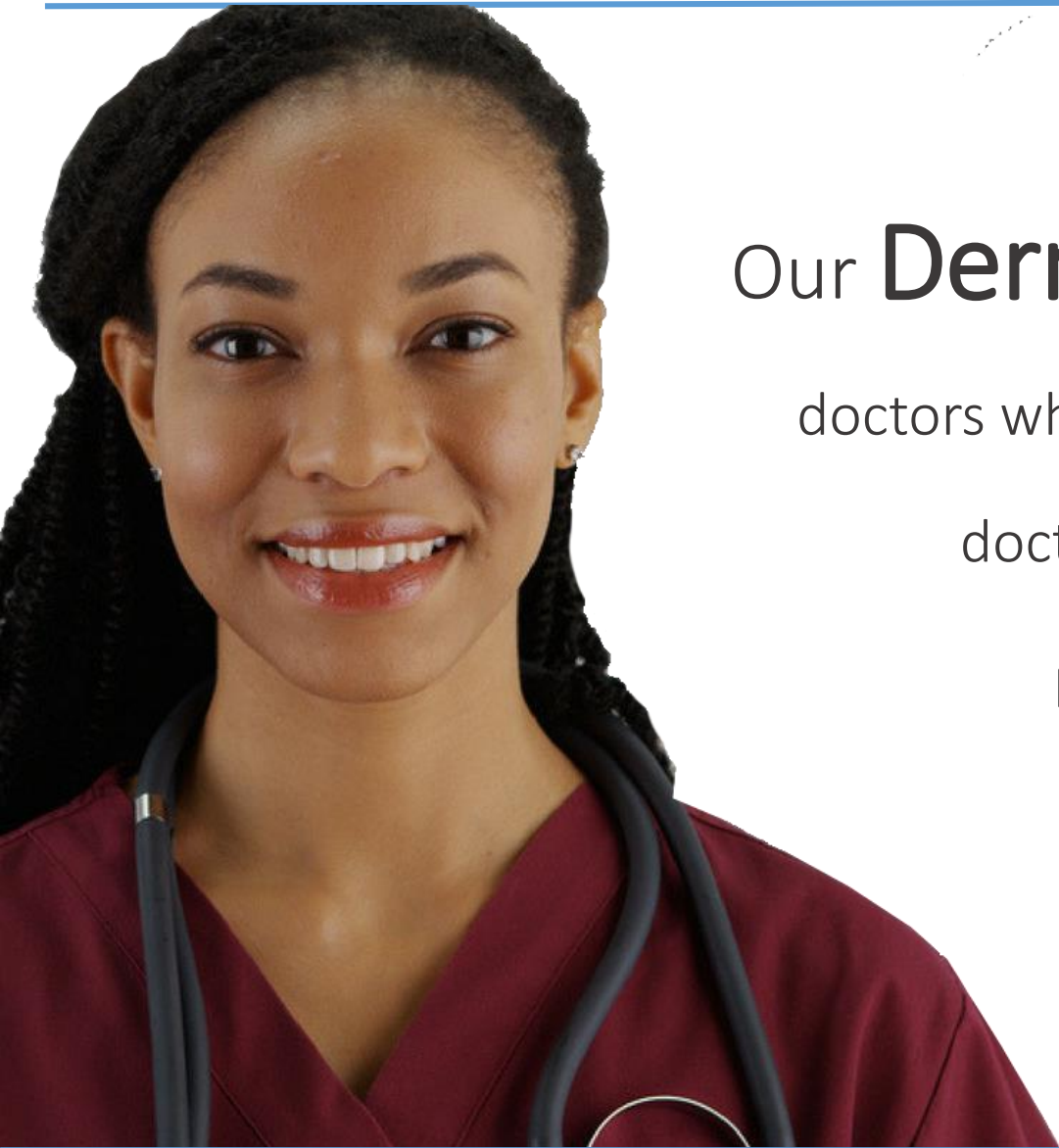
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# Dermatology in Nigeria



Our **Dermatologists** are medically qualified doctors who have spent several more years after qualifying as doctors to undergo training specifically in dermatology.

**Nigerian Association of Dermatologists (NAD)**

promotes the growth and practice of dermatology in Nigeria.



# Training in Dermatology

There are **2** Diploma awarding  
bodies in Nigeria, namely;

**National  
Post-Graduate  
Medical College  
of Nigeria**

**West  
African  
Post-Graduate  
College**





# Training in Dermatology

To have a fellowship in either of these colleges will require the candidate to **pass 3 examinations** after the Bachelor's degree in Medicine and Surgery.

Namely;

**Preliminary** – Applied Basic Medical Sciences

**Part I** – General Internal Medicine

**Part II** – Subspecialty examination in  
Dermatology and General Internal  
Medicine





# Training in Dermatology

Residents in dermatology join the Dermatology unit after passing the **Part I exams**.

Core learning objectives are Medical Dermatology with a few weeks rotation in **Plastic Surgery, Rheumatology, Dermatopathology and Aesthetics**.

However, there are Dermatologists who trained abroad for 9-18 months and obtained a diploma that is acceptable by the Medical and Dental Council of Nigeria **without a previous Internal Medicine**.

They are also **licensed** to practice Dermatology in Nigeria.



## Some STATS

Nigeria Population (MAY 2018)

195,399, 285

Trained Dermatologists (MAY  
2018)

81

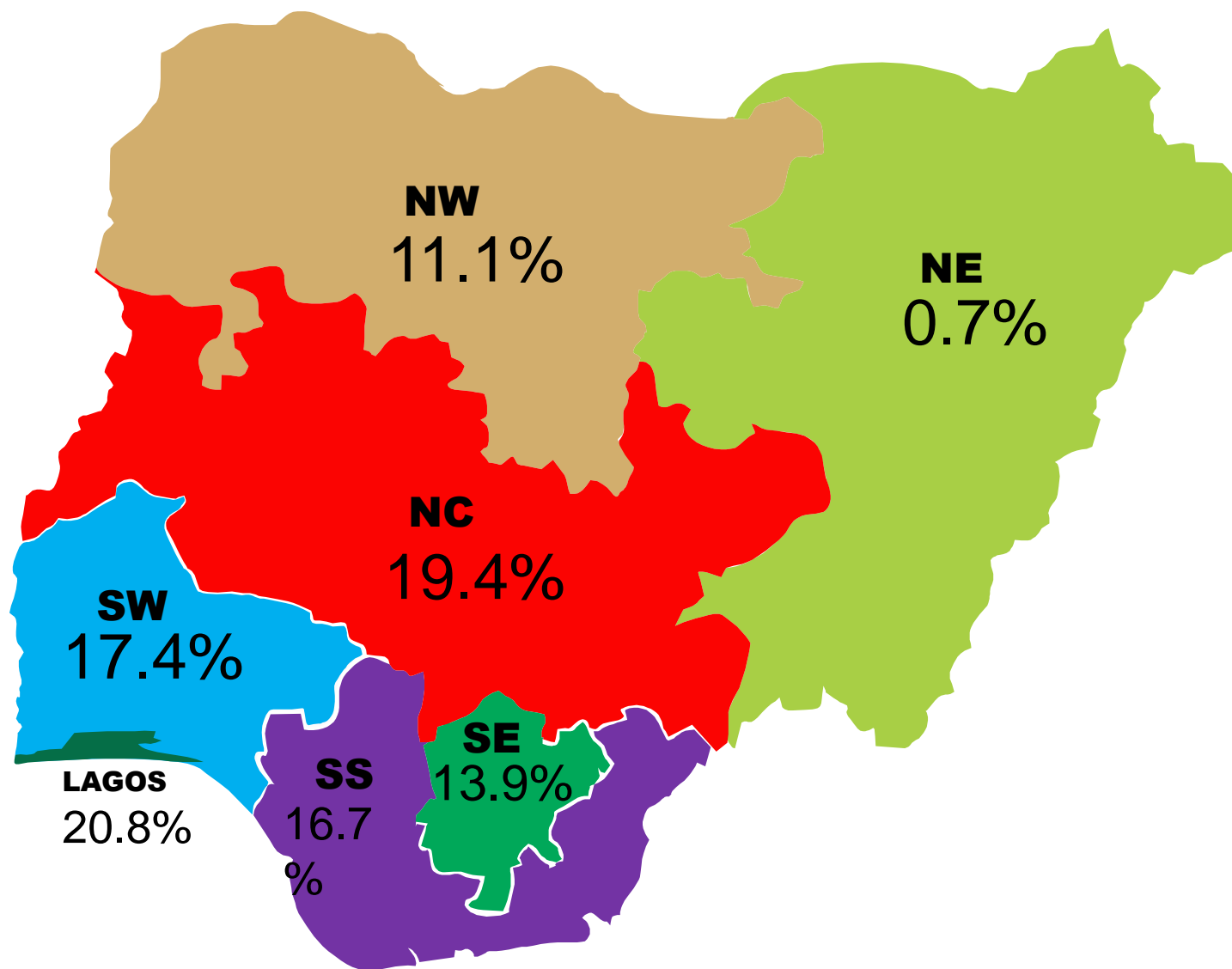
Residents in Training (MAY 2018)

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# Zonal Breakdown



- North - East (NE) 1
- North - West (NW) 16
- North - Central (NC) 28
- South - West (SW) 25
- South - East (SE) 20
- South - South (SS) 24
- Lagos 30





# Challenges to the profession in Nigeria



Deprivation of rural communities of dermatological care

Encroachment by “quacks” in form of beauticians, Spa practitioners, Pharmacists / Chemists and some medical practitioners that prescribe inappropriately

Gaps in Dermatology training (Aesthetics, Dermatological Surgery and Dermatopathology)





# Regulatory Bodies & Stakeholders



## Federal Ministry of Health

The **Federal Ministry of Health** is one of the Federal Ministries of Nigeria concerned with the formulation and implementation of policies related to health.



The **National Agency for Food and Drug Administration and Control (NAFDAC)** is a Nigerian federal agency under the Federal Ministry of Health that is responsible for regulating and controlling the manufacture, importation, exportation, advertisement, distribution, sale and use of food, drugs, cosmetics, medical devices, chemicals and packaged water.



**Standards Organisation of Nigeria (SON)** was formed in 1971. ... The work of **Standard Organization of Nigeria** is to investigate the quality of facilities, materials and products in **Nigeria**, and establish a quality assurance system, including certification of factories, products and laboratories.





Nigerian  
Association of  
Dermatologists

# Exco members of NAD during a chit-chat in may 2018





# Current Actions of NAD

## Strengthening Regional NAD for Community Interventions



Organizing the  
World Skin Health Day  
in all regions of the  
country



Awareness through  
popular Radio Programs





# Current Actions of NAD



Visitation, sensitization and treatment of patients at the Internally Displaced Persons (IDP) camps.

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Engaging regulatory bodies and stakeholders such as NAFDAC and the legislative bodies.

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Strengthening of regional NAD through partnerships with pharmaceutical companies for sponsorship & trainings.



## Future Strategies

### Well developed Tele-dermatology system

To provide some rural areas that are not easily accessible, the opportunity of having good dermatological care previously **only available** in major hospitals and clinics across the country.





## Future Strategies

More Intra and Post-Fellowship trainings in the areas of Aesthetics, Dermatopathology and Dermatological surgery.







## More community outreach

### Programs

To have communities to adopt rural arrears of coverage for reach out programs. The sensitization about skin care and the per dermatologist ratio to patients is adequately low, this would help to improve access to skin care.

## Future Strategies



More engagement with stake holders to regulate and enforce cosmetics formulation and usage in the country







# Collaboration Expectations

**PARTNERSHIPS  
WITH OTHER  
LOCAL  
DERMATOLOGY  
SOCIETIES**



**International League  
of Dermatological Societies**  
*Skin Health for the World*

**TRAININGS**

**PERSONNEL  
EXCHANGE  
PROGRAMS**

**ACCESS  
TO GRANTS**

**ACCESS TO  
EQUIPMENTS**



# Collaboration Expectations



International League  
of Dermatological Societies  
*Skin Health for the World*


The ILDS and its partners can be of assistance in these listed areas, to develop our strategies for a more **robust** skin care in the country



# Thank You !

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